

RAINBOW MESSENGER
JANUARY, 2005

We hope each of you had a nice Holiday! We are looking forward to seeing you and your friends come in for our various activities. If we aren't offering an activity you want, please let us know.



WALKING: The banquet room will open for walking most weekday mornings at 8:00 a.m. If you walk 25 laps around the room you've walked a mile. The room is climate controlled for your comfort. Days the room will be occupied are: Thursday, January 6th and Wednesday, January 19th. The Arnold F. Habig Community Center will be closed on Monday, January 3rd due to the New Year's Holiday.



FITNESS ROOM is open from 8:00 a.m. to 3:45 p.m. Monday thru Friday in the lower level of the Arnold F. Habig Community Center. We ask you to please sign in and out at the receptionist desk whenever you use the fitness room.



BILLIARDS/POOL: You can enjoy playing pool Monday, Tuesday, Thursday and Friday from 8:00 a.m. to 3:45. We request you not **start your games on Wednesdays until 1:00 p.m.** Thanks for your cooperation.



EXERCISE CLASS: Mondays and Thursdays our Exercise Class meets at 9:00 a.m. Our exercises are designed to keep your joints limber. We finish with the "Chicken Dance" and the "Hokey Pokey". Come join us sometime!! **Due to the New Year's Holiday, we will be closed on Monday, January 3rd.**



FREE COMPUTER ASSISTANCE: Volunteers will be in the Center's Computer Lab on Wednesdays from 9:00 a.m. to 10:30 a.m. They are here to answer questions and sharpen your computer skills. This will be on a first come first served basis. Would you like to do more on your computer than play games?

Would you like to learn?

- To "Highlight"
- To Create Folders
- To "Copy" and "Paste"
- To "Drag"
- To "Save As"
- To "Save a Photo"
- To Send a Photo by E-Mail
- To Access your E-Mail from any computer
- To use the Google Search Engine on the Internet
- Or anything else you might want to know

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GAMES: The Center has several different games for you and your friends to play. The games and cards are in our card/TV room. We also have games on our computers in the lab if you want to play them. Remember, Wednesday mornings are set aside for free computer assistance. The lower level has a regular size pool table, bumper pool table, ping-pong table and a shuffleboard court. These are available anytime except on Wednesday – please wait until 1:00 p.m. to start with these games. Thanks for your cooperation.

SUNDAYS AT THE CENTER: Would you like the Center open on Sunday afternoons? If so, it is up to you to volunteer to open. Please call the Center at: 482-4455 a week in advance to volunteer so I can get it in the paper. If someone volunteers to open the Center, the **Sunday hours are: 1:30 to 4:30 p.m**



CRAFTY LADIES SOCIETY: Come and “Paint It” or “Craft It” and have fun with us. Learn new techniques every Tuesday from 9 a.m. – 12 p.m. Class fee \$1.00, includes use of some supplies. Schedule for January:

January 4th - Come in and find out

January 11th - Key Chains

January 18th - Fabric Paint

January 25th - Chalk on Ceramic



SINGING SENIORS: Join the Singing Seniors on Fridays at 10:00 a.m. in the banquet room. They will be practicing different music. If you like to sing, come in and join us! If you can't make it each week, that is okay just come the weeks you can.



CARD TOURNEYS: Rum Tourney – Thursday, January 6th and Cinch Tourney – Thursday, January 20th. Both tournaments start at 12:00 (noon) and consist of six (6) games a tournament. Entry fee is \$1.00 each. Prizes are awarded. Please sign-up by 10:00 a.m. the morning of the tournament. Hope you will join us!!

CARD TOURNAMENT RULES SURVEYS will be given out at the tournaments-hopefully starting the 20th. This is your chance to have a say in the way we play our tournaments. If you can't make it to that particular tournament, stop by to pick one up. We will not be mailing any surveys. Majority of votes will decide the rules we play by this year.

BINGO: Bring your pennies for Bingo on Tuesday, January 11th and 25th. Games start at 12:00 noon. Regular games are \$.02 a card and our coverall is \$.03 a card. Each person should be able to play six (6) cards if they wish. Our new cards have arrived. Someone will be in the Banquet-Community Room starting at 11:30 a.m. to count the number of cards. Please be sure to let them know how many you will be playing.



MOVIES & POPCORN: Join us for Movie and Popcorn on Thursday, January 27th at 1:00 p.m. Call closer to the movie date to see what movie we will be showing.



LUNCH OUT: Join us for Lunch Out at Denny's Restaurant on Tuesday, January 18th at 11:00 a.m. The meal is dutch treat. Call the Center at: 482-4455 by 3:00 p.m. on Friday, January 14th to make your reservations for lunch out.

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CATERED MEAL: Our monthly catered meal will be **Monday, January 31st at 12:00 (noon)**. Das Ambrose will be catering: Sausage, mashed potatoes and gravy, sauerkraut, green beans, fried biscuits, coffee or iced tea. Cost of the meal is \$5.50 a person, payable that day. Reservations are due by **3:00 p.m. on Tuesday, January 25th**. Hope you can come out and join us!!



QUILTING BEE'S: We will hold the January quilting bees on **Monday, January 10th** and **January 24th**. Our quilting bees run from 9:00 a.m. to 3:00 p.m. All quilters are invited. The Center will provide lunch for all quilters. Hope you can attend, every stitch counts!!



LINE DANCE CLASSES: Come join the fun at the Arnold F. Habig Community Center on Wednesday evenings. Line Dancing Classes instructed by LaVerne Lechner, run from 6:00 – 7:30 p.m. every Wednesday evening, except January 26th, for Dubois County Senior Citizens 55 years and older. They are designed for beginners. All persons attending should wear tennis shoes. Class sessions will cost \$3.00 per dancer, payable each session. For more information call 482-4455. Hope to see you there!!

CITY WEB SITE: The City of Jasper will have a new web site starting Thursday, January 6, 2005. It is: www.jasperindiana.gov. You will then be in the home page. To be able to pull up our Monthly Calendar click on:

- City Departments
- Click - Park & Recreation
- Click - Older American

Then put curser on Older American Activities and you will have three (3) choices to pick from.

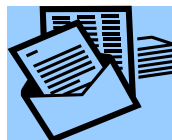
Also: on the Home Page go to City Calendar and click on Senior Activities and that will give the month of events for the Older Americans. If you have any questions, please feel free to call us at: 482-4455 and we will be more than happy to help you. Welcome to the new Web Site.



BLOOD PRESSURE CHECKS will be held on **Tuesday, January 11th** from 11:30 a.m. to 12:00 noon.



MONTE CARLO: Come join us for an afternoon of Monte Carlo on **Thursday, January 13th**. Games start at 1:00 p.m. We will have several games of chance for you to try. Plus, “funny money” to play with, get \$1,000 in “funny money” for \$1.00. After the games we will have a little auction to use up your “funny money”. We hope you will join us for a fun afternoon!!



2005 NEWSLETTER: There is still time to sign-up for the 2005 Rainbow Messenger Newsletter mailed to you each month. Please be sure to have your correct name and address. Make checks payable to: **Older Americans, 1301 St. Charles Street, Jasper, IN 47546**. You can still pick-up the Newsletters at the Center, Huntingburg and Ferdinand Center's if you prefer.

For your information on the Newsletter. It is not available to you until the last week of the Month.

CLOSINGS: The Older Americans will be closed on: **Monday, January 3rd for New Year's Holiday**.

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FOR YOUR INFORMATION:

BIRTHDAY AND ANNIVERSARY:

If you would like to have your Birthday and/or Anniversary put in the Newsletter, all you need to do is give the staff your name and birthday and/or anniversary and we will publish it.



HAPPY JANUARY BIRTHDAYS!

2 nd	Rose Hasenour
3 rd	Kenneth M. Schnell
4 th	Louise Kreilein
6 th	Ida Mae Welp
13 th	Paul Campbell
14 th	Lucille Kuebler
18 th	Ethel Mann
20 th	Earlene Recker
21 st	Bernice Sermersheim
24 th	Lorraine Sergesketter
29 th	Eleanor Sermersheim – Providence Home
30 th	Rosetta Vonderheide

HAPPY JANUARY ANNIVERSARY!



27th Mr. & Mrs. Don Wineinger